

ONLINE TRAINING

Note Taking Guide for Part 3

HOW TO BEST USE THIS GUIDE

You can print 5 copies of this guide or you can use the notes categories provided to make your own note taking guide digitally or on paper. This guide is designed to help you take ownership of your learning journey in this course, to help the outcomes be more tailored and realistic.

FREEDOM STRATEGY CATEGORY:

GENERAL NOTES:

MY QUESTIONS:

MY POSSIBLE ACTIONS:

Use your notes to help you create your personal action plan at the end of Part 3 in this Series.